



THE BELFRY

CLUB & SPA



England's Leading
Resort

Total Relaxation

*Step into your Sanctuary
of Tranquillity...*



THE BELFRY CLUB & SPA

From our luxurious treatment rooms to the elegant relaxation room with sumptuous day beds; everything has been carefully designed to spoil you from top to toe. From the moment you arrive, you can leave the world behind as we take you on a journey of pure delight.



Appointments

To book an appointment please visit www.TheBelfry.com, call 01675 238 600 or email spareservations@thebelfry.com

To ensure your preferred time and service is available we recommend to book in advance. All treatments and packages will need to be guaranteed with a credit card. Spa treatment times are inclusive of consultation with the therapist. All appointments are to be pre-paid on booking.

Attire

Correct fitness attire is necessary to use the gym and pool. Towels, robes and slippers are provided for spa days and are available for hire for treatments. For treatments it's quite normal to wear underwear, we can provide disposable briefs if you prefer.

What to bring with you

We recommend that you bring warm comfortable clothing to change into after your work out, class, spa experience or pool session. Changing rooms are equipped with hair dryers and amenities. Please do not use phones in the spa.

 Suitable for women
over 12 weeks pregnant

 Particularly suitable for men

SPA OPENING TIMES: Monday to Thursday 9.30am-8.00pm | Friday and Saturday 9.30am-7.00pm | Sunday 9.30am-6.00pm

LEISURE CLUB OPENING TIMES: Monday to Sunday 6.30am-10.00pm **FIRE & ICE:** Monday to Sunday 9.30am-5.30pm

Relax and Unwind

Work out, stretch out or just chill out in The Belfry Leisure Club. You could take a dip in the indoor pool, join us for an exercise class, or shape up in the state of the art gym. If all that sounds a bit too much hard work, invigorate your senses in the Fire & Ice Sensarium. Explore 12 bio thermal rooms including a foot spa, feature showers, aroma cave, sauna, igloo, crystal steam room and tranquillity room.



SPA BREAKS

One Night Breaks

Radiance Spa Break

From £179 per person*

An overnight stay
Full English breakfast
Fire & Ice Experience
40 minute spa treatment
3 course dinner
Entry to Bel Air Nightclub

Relax Spa Break

From £169 per person*

An overnight stay
Full English breakfast
55 minute spa treatment
3 course dinner
Entry to Bel Air Nightclub

Tranquil Spa Break

From £165 per person*

An overnight stay
Full English breakfast
40 minute spa treatment
3 course dinner
Entry to Bel Air Nightclub

Fire & Ice Spa Break

From £149 per person*

An overnight stay
Full English breakfast
Fire & Ice Experience
3 course dinner
Entry to Bel Air Nightclub

Two Night Breaks

Indulge Spa Break

From £169 per night*

Two night stay
Full English breakfast
Two 55 minute spa treatments
3 course dinner
Entry to Bel Air Nightclub

Serene Spa Break

From £139 per night*

Two night stay
Full English breakfast
40 minute spa treatment
Fire & Ice Experience
3 course dinner
Entry to Bel Air Nightclub

All spa breaks are based on 2 people sharing. Single room supplement applies of £50. Weekend supplements apply. Prices are subject to seasonal change. Entry to Bel Air Nightclub is available before 10pm on Thursday, Friday and Saturday nights only. 3 course Chefs Table buffet in The Ryder Grill. For full T&Cs please visit www.TheBelfry.com



SPA DAYS

Luxury Spa
Experience for Two
Treatment time: 85 minutes
From £350 including glass of Champagne, afternoon tea, ESPA gift, use of facilities (dual treatment room)

Relax together in your own private and exquisite treatment room. Indulge yourselves with a signature ESPA Hero Back, Face & Scalp Treatment, perfect for two. Whilst spending time together in the stunning surroundings of The Belfry Spa enjoy a glass of Champagne, delicious afternoon tea and be treated to a gorgeous ESPA gift, so you can take a small piece of tranquillity home with you.

ESPA Hero Spa Day
Treatment time: 85 minutes
From £149 including afternoon tea

Signature ESPA Hero Treatment experience delivers triple results by targeting three key areas; the back, face and scalp. Sheer bliss that delivers a solution led facial treatment, a relaxing back massage and scalp massage.

Ritual Radiance
Treatment time: 80 minutes
From £139 including afternoon tea

Designed to improve skin texture and relax tension in your muscles, starting with a deeply relaxing back massage. Your lower legs and feet receive exfoliation and therapeutic massage followed by a personalised facial with a mask which leaves the skin radiant, smooth and hydrated. The experience concludes with a calming scalp massage.

Body Glow Spa
Treatment time: 80 minutes
From £134 including afternoon tea

This exceptional skin softening body exfoliation combines sea salts with essential oils. A therapeutic full body massage using an ESPA Body Oil chosen to your specific needs combined with hot volcanic stones. We will soften and warm target muscles to ease aches and pains as well as helping to relieve deep muscle tension. The powerful oils, heat and the soothing rhythm of stones on your skin will help you unwind, switch off and relax.

De-stress
Treatment time: 55 minutes
From £109 including afternoon tea

A powerful massage designed to alleviate deep-seated tension and muscular stress using relaxing aromatherapy essential oils. Specialised techniques concentrate on specific areas of concern and alleviate common discomforts such as a stiff neck, lower back and sore tight shoulders, as well as a scalp massage. Also perfect to ease tension after a round of golf.

Belfry Spa Day
Treatment time: 50 minutes
From £109 including afternoon tea

Choose from two of the 25 minute treatments listed below:

Back, Neck and Shoulder Massage
Personalised Facial
Salt and Oil scrub
Shoulder, Neck and Scalp Massage
Invigorating Foot Treatment

Signature Spa Day
Treatment time: 55 minutes
£99 per person

A mid week treat, enjoy a relaxing 55 minute treatment, forgetting all your daily stresses. Make the most of the bio thermal Fire & Ice Experience as well as a relaxing afternoon tea.

Available Monday to Friday only.

Twilight Spa
Treatment time: 40 minutes
£79 per person

Escape the stresses of everyday life with the luxury Twilight Spa. Enjoy an evening of relaxation with a 40 minute treatment, the use of all facilities and the bio thermal Fire & Ice Experience. Chocolate truffles and prosecco.

Available 3pm-8pm,
Monday to Friday only.

ADD THE FIRE & ICE EXPERIENCE FOR AN ADDITIONAL £25
ALL SPA DAYS INCLUDE ROBES, SLIPPERS AND TOWELS AND USE OF THE SWIMMING POOL.



*Escape Life's
Little Stresses*



FIRE & ICE JOURNEY

A 90 minute relaxation experience through 12 bio thermal rooms, all designed to enhance your mood and invigorate your senses...

Foot Spa

The perfect way to soak away the stresses of a busy day; immerse your feet in these warm pools infused with essential oils to help put a spring in your step.

Feature Showers

Choose between an invigorating Ice Drench Shower, tiny freezing peppermint infused droplets shadowed with a mix of brilliant lights, or a warm Tropical Rain Shower with large, warm droplets combined with soft lighting to give a soothing all-over body massage, a multi-sensory experience.

Caldarium

Designed by Romans, this mild relaxation room is created for warm air bathing. The soft lighting, citrus aroma and warmth generating from the walls and floor, create a calming and purifying effect, promoting a feeling of wellbeing.

Aroma Cave

A light aromatic steam room with a mix of humidity and invigorating essence; combined, act as a decongestant to help clear the mind and purify the body. The warming walls and floor stimulate circulation.

Sauna

The warmest of our thermal experiences, the 100-degree dry heat stimulates circulation and is believed to boost the immune system. The warm and quiet environment creates a sense of peaceful relaxation and wellbeing.

Igloo

The chilled floor, walls and seating create a cold environment where ice remains frozen. The cold air balances the warming effects of the thermal experiences. For a stimulating and refreshing feeling, ice can be rubbed over the body, leaving you feeling completely energised.

Sanarium

Combining the benefits of both a traditional sauna and steam room, the deeply relaxing atmosphere is perfect for escaping the stresses and strains of the modern world, leaving you feeling relaxed, invigorated and calm.

Shower Grotto

Cool and refreshing the three types of cold showers are ideal between heat treatments. Benefits to both body and skin are felt with sudden temperature changes closing the pores, improving tone and clarity. Skin will be glowing and invigorated.

Crystal Steam Room

Revitalise the mind and body with a combination of warm steam and aromatic oils. This comforting experience of warmth and humidity helps to cleanse and purify the skin.

Hydrotherapy Pool

Relax with the next best thing to a full body massage. The multi-featured hydrotherapy pool offers the perfect surrounding to relax and ease tired, tense muscles.

Tranquillity Room

In need of peace and tranquillity, allow yourself to drift in and out of sleep. You will be lulled by the low light and soothing sounds creating the perfect cocoon in which to rest, relax and recharge.

Conservatory

To complete your journey, take time to relax on comfortable loungers in our peaceful conservatory.

£59 per person or from as little as £25 when you add to your Spa Experience

Available from 9.30am-5.30pm

The Fire & Ice Experience is not recommended before or after Spa Experiences that include heat, waxing or our advanced-ageing facials. Depending on your Spa Experience reserved you may be advised to enjoy the Fire & Ice Journey and lunch prior to your treatments.



FACIALS

Our results driven facials are world-renowned to defy the effects of a life lived on your skin. Reduce the lines and wrinkles visibly. Rejuvenate your joi de vivre and let your age remain a beautifully well-kept secret.

DELIVERING WHAT YOUR SKIN REALLY NEEDS, ALL OUR TAILORED FACIALS INCLUDE:

- An in-depth skin analysis using SkinVision technology to identify skin conditions not visible to the naked eye
- A detailed consultation
- Cleansing, exfoliation
- A treatment specific massage, mask and intensive serum chosen to achieve the best possible results

To maintain the ultimate in healthy radiant skin we recommend a facial once a month.

Specialist Treatments

ADVANCED SKIN RADIANCE FACIAL

Treatment time: 85 minutes | £115

Instantly brighten and revitalise the complexion with this powerful and highly effective facial. This tailored treatment is ideal for skin that looks a little lacklustre. A Mulberry, Bearberry and Liquorice treatment mask first refines and instantly revitalises a dull, tired complexion followed by age-defying facial massage using Rose Quartz Crystals to cool skin while enhancing tone. A second mask then helps lift and smooth skin before a concentrated serum boosts and energises the complexion, leaving skin supple and looking radiantly healthy.

Includes: Deep brush cleanse, unique ProCleanser, skin analysis with SkinVision lamp, Skin Radiance Mask, age-defying Rose Quartz Crystal Massage, Professional Lifting and Smoothing Mask and Revolutionary Radiance Serum.



ADVANCED ENZYME FACIAL

Treatment time: 85 minutes | £115

A powerful and highly effective facial to boost cell regeneration and give an instantly smooth, radiant complexion. A deep brush cleanse is followed by an intensive Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. After a soothing massage using Rose Quartz Crystals to help cool and calm, a Lifting and Smoothing Mask is applied, containing concentrated Seaweed Extracts, Argan Oil and Menthol, to give your skin a more plumped and firmer appearance.

Includes: Deep brush cleanse, skin analysis with SkinVision lamp, Enzyme Peel, age-defying Rose Quartz Crystal Massage, Professional Lifting and Smoothing Mask, scalp massage and Intensive Facial Serum.

OPTIMAL LIFT FACIAL

Treatment time: 85 minutes | £115

An advanced facial designed to improve skin tonicity and firmness and enhance cellular regeneration. This facial uses Tri-Active ingredients combined with specialised facial massage lifting techniques to help combat the signs of ageing, stimulate collagen production and deliver intensive results; the benefits of which can be seen immediately.

Includes: Deep cleanse, skin analysis with SkinVision lamp, specialised age-defying, contouring and lifting facial massage techniques, Lift and Firm Mask, scalp massage and ESPA Lift and Firm product range.



FACIALS

LIFESTAGE FACIAL

Treatment time: 55 minutes | £79

A targeted and rejuvenating facial for maturing skin to address the most visible signs of ageing, specifically focusing on eyes, neck, lips and jaw line. Incorporating special age-defying massage techniques and the technologically advanced Lifestage product range, this luxurious facial will minimise wrinkles, immediately improve hydration levels whilst helping to reduce the appearance of pigmentation, large pores and redness. A mask will also be applied to firm and stimulate elasticity leaving the skin revitalised and radiant.

Includes: Deep cleanse, skin analysis with SkinVision lamp, specialised age-defying facial massage techniques, facial treatment mask, scalp massage and using the ultimate Lifestage products.



OPTIMAL SKIN HEALTH FACIAL

Treatment time: 55 minutes | £79

Reveal naturally beautiful and visibly healthy skin with this targeted facial. Designed to rebalance, hydrate and revitalise, Tri-Phase cleansing technology is enhanced with Clarisonic brushing for a deep cleanse, while bestselling ProSerum combines the potent natural actives to where your skin requires them the most. This facial instantly revives and brightens the complexion while ultimately helping to protect against environmental damage and delay the early, invisible stage of skin ageing.

Includes: Deep brush cleanse, skin analysis with SkinVision lamp, facial treatment mask, ESPA optimal skin product range, facial and eye area massage, hand and arm exfoliation and treatment.



INNER BEAUTY FACIAL

Treatment time: 55 minutes | £79

Reveal exceptional results whatever your skin care concern with this entirely bespoke expert facial from ESPA. Following skin analysis with our SkinVision lamp, naturally advanced spa skin care products rich in plant and marine extracts are selected according to your individual needs and used alongside tailored massage to deeply cleanse, exfoliate, purify and boost your complexion. The customised treatment is then completed with a divinely relaxing scalp massage.

Brighten – Instantly reveal a radiant and visibly healthy complexion

Hydrate – Soothe and replenish dry, dehydrated skin, leaving it soft, supple and nourished

Purify – Calm and balance problematic skin with this clarifying facial treatment

Includes: Triple cleanse, skin analysis with SkinVision lamp, facial massage, personalised mask and scalp massage.



ENZYME FACIAL

Treatment time: 55 minutes | £84

Spa Manager Recommends: Reveal naturally beautiful and visibly healthy skin with this target facial. Designed to rebalance, hydrate and revitalise, Tri-Phase cleansing technology is enhanced with Clarisonic brushing for a deep cleanse, while the bestselling ProSerum combines the potent natural actives of a serum with the advanced nourishment of a face oil to deliver visible skin health and radiance. Finally, new ProMoisturiser with responsive hydration intuitively targets the delivery of nutrient-rich, hydrating actives to where your skin requires them most. This facial instantly revives and brightens the complexion while ultimately helping to protect against environmental damage and delay the early, invisible stages of skin ageing.



*Elegant
Relaxation Room*

BODY TREATMENTS

Specialist Treatments

PURVA KARMA FOUR HAND MASSAGE Treatment time: 120 minutes £209 per person

The ultimate indulgent experience for those who find it difficult to unwind. A unique treatment starting with a welcome foot ritual, a body exfoliation and facial cleanse. Two therapists then connect to commence the four handed, tension releasing body massage. Using long, sweeping movements, this treatment features the pouring of warm oil and use of hot volcanic stones, finishing with a balancing and soothing therapeutic head massage to achieve relaxation and total bliss.

Includes: Foot ritual, body exfoliation and facial cleanse, four handed massage with hot stones and head massage.

THE POULTICE MASSAGE Treatment time: 55 minutes £79 per person

Gentle Thai style stretches and rocking prepare the body for a combination of warm poultice and hands on massage. Designed to relax muscles, cleanse and revitalise both mind and body leaving an overall feeling of wellbeing.

Includes: Gentle Thai style stretches, warm herbal poultice and hands on massage.

ESPA BODY WRAP, DETOX OR NOURISH Treatment time: 55 minutes £89 per person

Detox – Specifically designed to comfortably raise the temperature and induce perspiration to help speed up the elimination of toxins and improve circulation. A complete body wrap of Marine Algae combined with Detoxifying Body Oil is blended and applied to help purify the body and hydrate the skin.

Nourish – A perfect treatment to replenish and soothe dry skin and restore equilibrium. A warmed blend of essential oils and deeply nourishing body cream are applied and the body cocooned in ESPA wrap to leave the skin soft, smooth and moisturized.

Includes: Skin brush, body exfoliation, detox algae or nourishing marine mud wrap, scalp massage.

STRENGTH AND RESILIENCE MASSAGE Treatment time: 85 minutes £115 per person

Spa Manager Recommends: Transform your mind and body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. This revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys.

Includes: Yogic stretching, reflex zone foot massage, back massage, sinus release, scalp massage.

ANTI-CELLULITE HIP AND THIGH TREATMENT Treatment time: 55 minutes £84 per person

Target cellulite, fluid retention and uneven skin texture with highly effective, stimulating treatment. An effective combination of potent marine extracts, iced mitts, Clarisonic body brushing is optional, deep detoxifying massage and light drainage movements achieve visible results. A course of 6 treatments is recommended.

Includes: Skin brushing, detoxifying salt and oil scrub, iced and warm mitts, detoxing massage to specific areas and specialised colonic massage techniques.

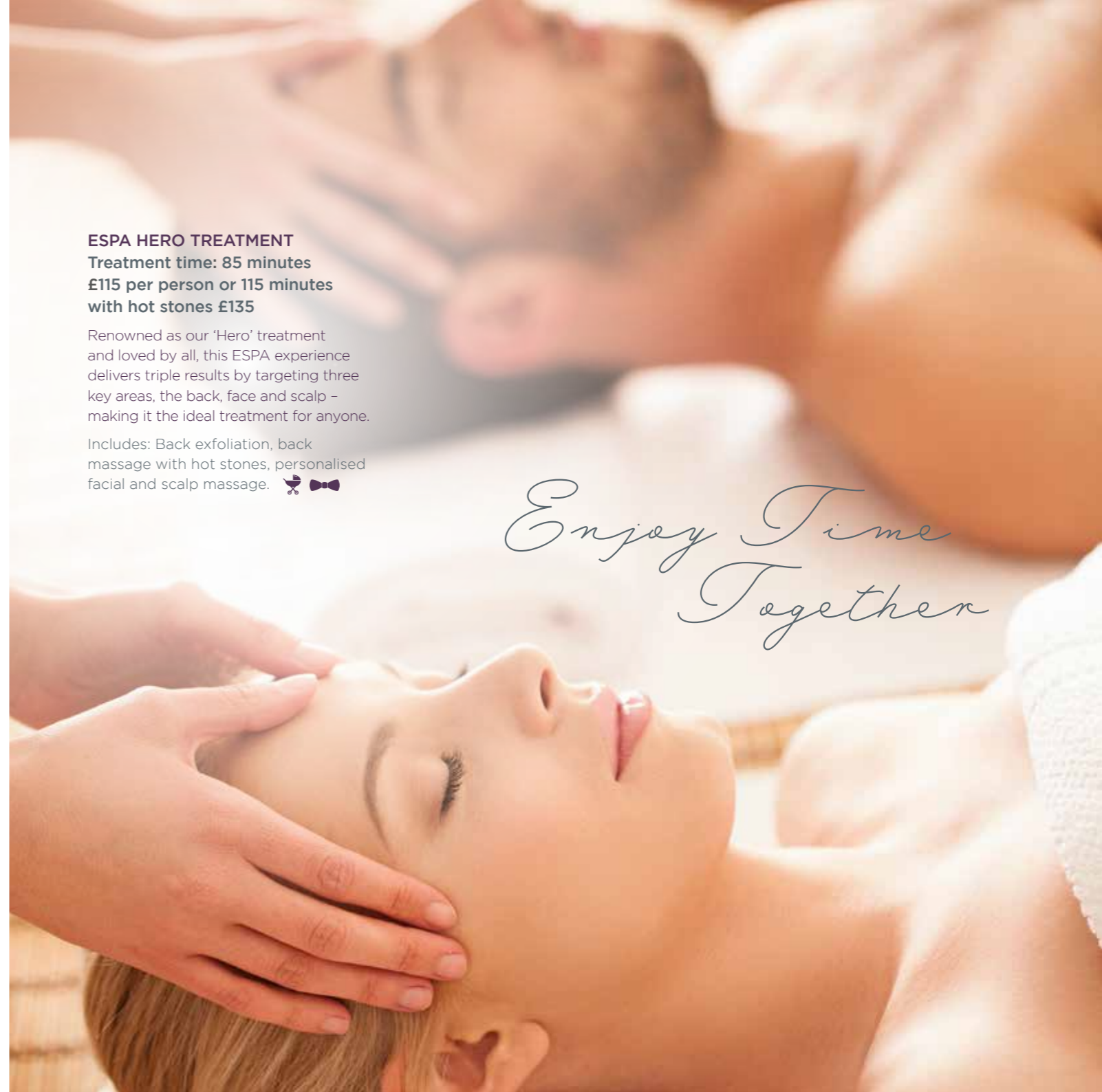
ESPA HERO TREATMENT Treatment time: 85 minutes £115 per person or 115 minutes with hot stones £135

Renowned as our 'Hero' treatment and loved by all, this ESPA experience delivers triple results by targeting three key areas, the back, face and scalp – making it the ideal treatment for anyone.

Includes: Back exfoliation, back massage with hot stones, personalised facial and scalp massage. 🍷 🎀

*Enjoy Time
Together*

ADD USE OF ROBE AND SLIPPERS FOR AN ADDITIONAL £5



MASSAGES

AROMATHERAPY MASSAGE

Treatment time: 55 minutes
£89 per person

A therapeutic full body massage using blends of essential oils personally selected for your individual needs.

Includes: Aromatherapy massage to back, legs, arms, abdomen, neck and shoulder areas. 🎀

LAVA FULL BODY (with Lava shells)

Treatment time: 55 minutes
£89 per person

An indulgent and idyllic treatment, combining the warmth of the shells with deeply relaxing massage techniques to create a sense of balance to the entire body and mind. During the massage, the shells are worked over the palms, arms, feet and legs in slow deep movements to warm and de-stress, followed by a tranquil massage on the back, neck and shoulder area to ease away all tension and knots leaving skin calmed, nourished and comfortable.

Includes: Lava shells, all over body massage.

ORLI CANDLE MASSAGE

Treatment time: 55 minutes
£89 per person

A relaxing spa treatment with a twist. Enjoy a full body massage which uses the indulgent warm butter drizzle from a candle. Available in a selection of fragrances.

Includes: Body massage, Orli candle.

MATERNITY MASSAGE

Treatment time: 55 minutes
£89 per person

Targets areas prone to stress and tension during pregnancy with this deeply nourishing body treatment. Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches whilst helping to relax, restore and revitalise.

Only suitable after 12 weeks of pregnancy.

Includes: Back exfoliation (if required), personalised body massage and scalp massage.



HOT STONE MASSAGE

Treatment time: 55 minutes
£89 per person

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains, leaving you feeling rejuvenated.

Includes: All over hot stone aromatherapy massage.

DEEP MUSCLE MASSAGE

Treatment time: 55 minutes
£84 per person

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on specific areas of concern and alleviate discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Includes: Specialized targeted massage to specific areas of concern.

SWEDISH MASSAGE

Treatment time: 55 minutes
£84 per person

Ease muscular tension and alleviate aches and pains with this stimulating massage. Firm, targeted techniques effectively release knots and soothe tight muscles and joints, leaving you relaxed and revived.

Includes: All over Swedish massage.

CLASSIC EXPERIENCES

MUSCLE REVIVER

Treatment time: 40 minutes
£59 per person

A condensed massage for those who suffer with muscle strain, tension-related headaches and lack of time. This deeply soothing, stress-relieving back, neck and scalp massage is an ideal way to melt away tension and relieve tight muscles.

Includes: Back, neck and scalp massage.



DEEP CLEANSING BACK TREATMENT

Treatment time: 40 minutes
£59 per person

A stress relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy back massage and mask using individually chosen essential oils combined with warmed Marine Mud. Ideal for all skin types, including those with congested skin, this relaxing treatment will leave you refreshed and renewed.

Includes: Back exfoliation, back massage and mask. 🎀

LUXURY INVIGORATING FOOT TREATMENT

Treatment time: 40 minutes
£59 per person

Soothe tired, aching or swollen feet and heavy legs with this luxurious and revitalising treatment from ESPA. A relaxing foot ritual cleanses and exfoliates the feet and lower legs before they are treated to a rejuvenating massage with pure Jojoba and Sweet Almond Oils and enveloped in a cooling yet deeply nourishing moisturiser.

Includes: Foot ritual, lower leg and foot exfoliation and massage. 🎀



BESPOKE FACIAL

Treatment time: 40 minutes
£59 per person

Your therapist will select the most suitable facial for your skin. Every ESPA personalised facial includes a consultation, SkinVision analysis, exfoliation, personalised facial mask and finishes with an application of a booster serum to suit your skin.

Includes: Consultation, double cleanse and exfoliation, application of facial oils tailored to suit your skin, scalp massage and neck and shoulder massage and booster serums. ✂️ 🎀



THE INNER CALM MASSAGE

Treatment time: 55 minutes | £89 per person

Spa Manager Recommends: Find your inner calm with this deeply relaxing and soothing treatment for mind and body, using a specially selected blend of oils, tailored to you. With neck and eye pillows to encourage warmth and relaxation, indulge in this soothing holistic treatment, combining personalised aromatherapy massage and Rose Quartz Crystals through the scalp.

LUXURY SALT AND OIL BODY SCRUB

Treatment time: 40 minutes | £59 per person

Spa Manager Recommends: This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA massage. For a lighter application Exfoliating Body Polish is applied instead of Salt and Oil Scrub.

Includes: Full body Salt and Oil Scrub. 🎀

FINISHING TOUCHES

Fingers and Toes

MANICURES AND PEDICURES

Deluxe Manicure and Pedicure | £80

Deluxe Pedicure | £45

Deluxe Manicure | £40

Classic Pedicure | £35

Classic Manicure | £30

File and Re-varnish | £20

GEL NAILS

Gel Pedicure | £45

French Gel Polish | £40

Gel Manicure | £40

Colour Gel Polish | £30

Gel Polish Upgrade | £10

Hair Removal

Full Leg and Bikini | £40

Half Leg and Bikini | £35

Hollywood | £35

Brazilian | £30

Full Leg | £30

Forearms | £25

Half Leg | £25

Basic Bikini | £15

Underarm | £10

Facial Waxing | £10 per area

Tanning

SPRAY TAN | £25

Make Up

SPECIAL OCCASION MAKE-UP | £35

When you have a special event or a big night out and want to look your glamorous best.

BRIDAL MAKE-UP ON REQUEST

It's All in The Eyes

Eyelash & Eyebrow Tint* | £20.00

Eyelash Tint* | £17.50

Eyebrow Tint* | £15

Eyebrow Shape* | £12.50

*A test patch is required 24hrs prior to treatment.

SPA ETIQUETTE

Our spa environment is one of relaxation and tranquillity. Please speak softly in consideration of our other guest's relaxation. Please respect all spa guests' right to privacy and serenity.

ARRIVAL TIME

Please allow sufficient time prior to your experience to complete a spa consultation form and/or health questionnaire. We recommended that you arrive up to 30 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time. The spa will provide luxurious towels, robes and slippers complimentary for spa days. Robes and slippers are also available to hire for spa treatments.

TREATMENT TIME

Your treatment time as advertised in the brochure includes before and after care.

MEDICAL CONDITIONS

Some of the treatments that are offered are not suitable for guests with certain medical conditions. We request that you bring any of the following conditions to our attention at the time of booking: epilepsy, allergies, heart condition, high/low blood pressure, scar tissue, varicose veins, skin conditions, diabetes, cancer, thyroid, pregnancy, recent operations or if you are under 12 weeks pregnant.

CANCELLATION POLICY

All treatments to be paid for in full at the time of booking. Cancellations within 48 hours will be refunded or rescheduled.

PRICES

All prices are quoted in GBP and are subject to change at any time. Gratuities are not included and are welcomed at your own discretion.

HOMECARE

To continue your spa experience at home, most products used in our treatments are available at Spa Reception.

CHILDREN'S TREATMENTS POLICY

We do not offer treatments for children under 16 years old. Due to the nature of relaxation in the spa this is a child free zone. Therefore children under the age of 16 are not permitted into the spa.

LOST PROPERTY

All lost property found on the premises should be handed in at Spa Reception. Items will be stored for four months, if they are not collected within this time they will be donated to local charities. Liquids, under garments and hair brushes are kept for 24 hours only.

GIFT VOUCHERS

An ideal gift for someone special. Please contact Spa Reception for details.





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To find out more call in or call 01675 238 600

The Belfry Hotel & Resort, Lichfield Road, Wishaw,
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www.TheBelfry.com  