

### Allergens

| Dish   | Gluten                  | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts               | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|--|-------------------------|-------------|----------|------|---------|-------|-------------------------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Sams Chef's signature soup   |                         |             |          |      |         |       |                         |      |      | Y    | M      |         |        |                 | 1                 |
| Roasted Butternut and feta salad   |                         |             |          |      |         |       |                         |      |      | Y    | M      | Y       |        |                 |                   |
| classic Burger   | Y<br>Whe                |             |          | Y    |         |       |                         | Y    | Y    | Y    |        | Y       | M      | Y               |                   |
| pizza-margherita   | Y<br>Whe                |             |          |      |         |       |                         |      |      | Y    |        |         |        |                 |                   |
| CAJUN The Belfry club sandwich, bacon, grilled chicken, tomato, egg and lettuce mayonnaise | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                         |      | Y    |      | M      | Y       |        | Y               |                   |
| veggie Wrap  | Y<br>Whe                |             |          |      |         |       |                         |      | Y    |      | M      | Y       |        | Y               |                   |
| Mini fish and Chips  | Y<br>Whe                |             |          | Y    |         |       |                         |      | Y    | Y    |        |         |        | Y               |                   |
| creme brulee cheesecake  | Y<br>Oat                |             |          |      | M       |       | M<br>Alm Haz<br>Pec Wal | Y    | Y    | Y    |        |         |        |                 |                   |

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| mozzarella sticks                      | Y<br>Whe     |             |          |      |         |       |                                | Y    |      | Y    |        |         |        |                 |                   |
| Caesar salad 2021                      | Y<br>Whe Bar |             |          | Y    |         |       |                                | Y    | Y    | Y    | M      | Y       | M      |                 |                   |
| Burger American All Star               | Y<br>Whe     |             |          | Y    |         |       |                                | Y    | Y    | Y    |        | Y       | M      | Y               |                   |
| Flatbread Pepperoni hot with jalapenos | Y<br>Whe     |             |          |      |         |       |                                |      |      | Y    |        |         |        |                 |                   |
| The Belfry veggie club sandwich        | Y<br>Whe     |             |          |      |         |       |                                | Y    | Y    | Y    | M      | Y       |        | Y               |                   |
| Buffalo Chicken wrap                   | Y<br>Whe     |             |          |      |         |       |                                | M    | Y    | Y    | M      | M       |        |                 |                   |
| Gammon Steak and Pineapple Ring        |              |             |          |      |         |       |                                |      |      |      |        |         |        |                 |                   |
| Chocolate & sea salt caramel torte     | Y<br>Whe Bar |             |          |      | M       |       | Y<br>Alm Haz<br>Pec Pis<br>Wal | Y    | Y    | Y    |        |         |        |                 |                   |
| Salt and pepper crispy squid combo     | Y<br>Whe     | M           | Y        | M    |         |       |                                | Y    | Y    | M    | M      |         |        |                 |                   |
| fattoush salad                         | Y<br>Whe     |             |          |      |         |       |                                |      |      |      |        |         |        | Y               |                   |
| Black and Blue Burger                  | Y<br>Whe     |             |          | Y    |         |       |                                | Y    | Y    | Y    |        | Y       | M      | Y               |                   |
| pizza-bbq chicken                      | Y<br>Whe     |             |          |      |         |       |                                |      |      | Y    |        |         |        |                 |                   |

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| Smoked ham and mature English cheddar 'toastie'                | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |              |      |      | Y    | M      | Y       |        | Y               |                   |
| veggie Buffalo Chicken wrap                                    | Y<br>Whe                |             |          |      |         |       |              | M    | Y    | Y    | M      | M       |        |                 |                   |
| baked tandoori salmon, coconut rice, cucumber yogurt sambal    | Y<br>Whe                |             |          | Y    | M       |       | M<br>Alm Cas |      |      | Y    |        | Y       |        |                 |                   |
| waffle sundae  | Y<br>Whe                |             |          |      | M       |       | M<br>Unknown | Y    | Y    | Y    |        |         |        |                 |                   |
| Vegetable and duck Gyoza                                       | Y<br>Whe                | M           | M        |      |         |       | M<br>Unknown | Y    | M    | M    | M      | M       | Y      |                 |                   |
| noodle salad   | Y<br>Whe                |             |          |      |         |       |              |      | Y    |      |        |         | Y      |                 |                   |
| Mexican Burger   | Y<br>Whe                |             |          | Y    |         |       |              | Y    | Y    | Y    |        | Y       | M      | Y               |                   |
| Meat Feast Flat Bread  | Y<br>Whe                |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| Crispy Fish Fingers in a Bun                                   | Y<br>Whe                |             |          | Y    |         |       |              |      | Y    | Y    |        |         | M      | Y               |                   |
| Cajun Chicken and sweet potato wrap                            | Y<br>Whe                |             |          |      |         |       |              |      | Y    |      | M      | Y       |        | Y               |                   |
| Chicken Katsu Curry, basmati rice, pickled onion and coriander | Y<br>Whe                |             |          |      |         |       |              | Y    | Y    |      | M      | Y       |        | Y               | 1                 |
| cheese plate   | Y<br>Whe Bar            |             |          |      |         |       |              |      | Y    | Y    | Y      |         | Y      |                 |                   |
| Famous Sams burger   | Y<br>Whe                |             |          | Y    |         |       |              | Y    | Y    | Y    |        | Y       | M      | Y               |                   |

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|---|-------------------------|-------------|----------|------|---------|-------|--------------|------|------|------|--------|---------|--------|-----------------|-------------------|
| roast vegetable, goats cheese & harissa flatbread         | Y<br>Whe                |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| guinness braised blade of beef, mash, green vegetables    | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |              |      |      | Y    | M      |         |        | Y               |                   |
| Chips Fries 11mm prep                                     |                         |             |          |      |         |       |              |      |      |      |        |         |        |                 |                   |
| onion ring Side   | Y<br>Whe                |             |          |      |         |       |              |      |      |      |        |         |        |                 |                   |
| Peri Peri Chicken burger                                  | Y<br>Whe                |             |          |      |         |       |              |      | Y    | Y    |        |         | M      | Y               |                   |
| Scampi  | Y<br>Whe                | Y           | M        | M    |         |       |              |      | Y    |      |        |         |        | Y               |                   |
| Sam's Cajun fries   |                         |             |          |      |         |       |              |      |      |      |        | Y       |        |                 |                   |
| chicken tenders, sweetchilli                              | Y<br>Whe                |             |          |      |         |       |              | M    | Y    | Y    | M      | M       |        |                 |                   |
| Over & Beyond veggie Burger                               | Y<br>Whe                |             |          |      |         |       |              |      | Y    | Y    |        | Y       | M      |                 |                   |
| Chicken masala curry, poppadoms, chutney and basmati rice | Y<br>Whe                |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| Side Coleslaw - 140gr                                     |                         |             |          |      |         |       |              |      | Y    |      |        |         |        |                 |                   |
| chicken wings   | Y<br>Whe                |             | M        |      |         |       | M<br>Unknown | Y    |      | Y    | M      | M       | Y      |                 |                   |
| extra burger(for double stack)                            | Y<br>Unknown            |             |          | Y    |         |       |              | Y    | Y    | Y    |        | Y       |        | Y               |                   |

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| vegetable Penne pasta with pesto and parmesan | Y<br>Whe Bar |             |          |      |         |       | M<br>Unknown | M    | M    | Y    | M      |         | M      |                 |                   |
| cheesy fries                                  | M<br>Unknown |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| onion rings                                   | Y<br>Whe     |             |          |      |         |       |              |      |      |      |        |         |        |                 |                   |
| Sam's Onion rings                             | Y<br>Whe     |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| Nachos with Guacamole and Sour Cream          | M<br>Unknown |             |          |      |         |       |              |      |      | Y    |        |         |        |                 |                   |
| Sun Blush Tomato Hummus, Lemon & Pitta        | Y<br>Whe     |             |          |      |         |       |              |      |      |      |        |         | Y      |                 |                   |
| Chicken Wings x 8                             | Y<br>Whe     |             | M        |      |         |       | M<br>Unknown | Y    |      | Y    | M      | M       | Y      |                 |                   |

\* Allergens marked with 'M' may contain that allergen.

■ Yes    ■ May Contain

|     |          |
|-----|----------|
|     | Allergen |
| Whe | Wheat    |
| Rye | Rye      |
| Bar | Barley   |
| Oat | Oats     |

|     |             |
|-----|-------------|
| Alm | Almonds     |
| Brz | Brazil Nuts |
| Cas | Cashews     |
| Haz | Hazelnuts   |
| Mac | Macadamia   |
| Pec | Pecan       |
| Pis | Pistachio   |
| Wal | Walnuts     |