HYROX CLASSES AVAILABLE AT AN EXTRA COST VIA TECHNOGYM APP

THE CLUB
AT THE BELFRY
EST 1960

SPORTS HALL

MONDAY

HYROX	18:15 - 19:15

TUESDAY

LBT	17:30 - 18:15
Boxercise	18:15 - 19:00

WEDNESDAY

HYROX	17:30 - 18:30

THURSDAY

HYROX 18:00 - 19:00

HYROX Foundations 19:00 - 20:00

SUNDAY

HYROX 08:00 - 09:00