

## TEA MENU

### MELLOW MINT

Naturally free from caffeine and calories, Mellow Mint is Quinteessential's contemporary interpretation of a classic herbal tea: notes of fresh mint are rounded with subtle layers of natural caramel flavour to create a smooth, almost creamy finish. Light and sweet, this blend is a fitting toast to carefree days.

### ZEST QUEST

Transform your inner you with this immunity boosting infusion. An unorthodox aromatic blend with tea and botanicals such as ginseng, lemon verbena and saffron to promote vitality and uplift your mood, giving you energy and focus. Medium caffeine.

### CLEANSE

Quinteessential's proud interpretation of a classic chai. Warm and uplifting with cardamon and ginger, this award winning blend has all the elements from a Moroccan spice bazaar. Cleanse, inspired by the best Chai, is designed to calm the senses. Comforting spice mingles with malt seeds, dates and cacao nibs for a truly warming and naturally sweet cup.

### WHITE PEACH SANGRIA

A light, refreshing and alcohol-free take on a white wine sangria. Bursting with juicy peach and apples, this tea is a great addition to cocktail mixes.

### SUPER GREEN CACAO

Light, clean taste of green and white tea with the intensity of dark chocolate. Decadently indulgent with a smooth, creamy finish, this luxurious blend has spring notes of sweet hazelnut softened by aromatic white flowers. Medium caffeine.



### TAKE HOME TEAS

Why not continue your experience at home, and purchase one of our fantastic teas. Please see below a list of all the teas we provide.

All teas are sold £12.00 and contain 8 tea-bags inside, perfect for home brewing. Please ask a member of the team for more information.

### SIGNATURE BREAKFAST

A harmonious blend of Assam and Kenyan black tea leaves that brings a boost at sunrise or any time of the day. Makes a richer, deeper cup which is so appreciated by many ardent tea drinkers in the North. High caffeine.

### IMPERIAL EARL GREY

Oolong tea was long served at the Chinese Imperial Courts and Earl Grey is very much a traditional British recipe. The unique factor of Quinteessential's handcrafted Imperial Earl Grey can be found in that they use only the highest grade oolong leaves, delicately scented with the finest natural bergamot. Luxurious orchid notes mingle with a soft citrus aroma to add a unique texture to this iconic British blend.

High caffeine. Award winning.

### CLEANSE

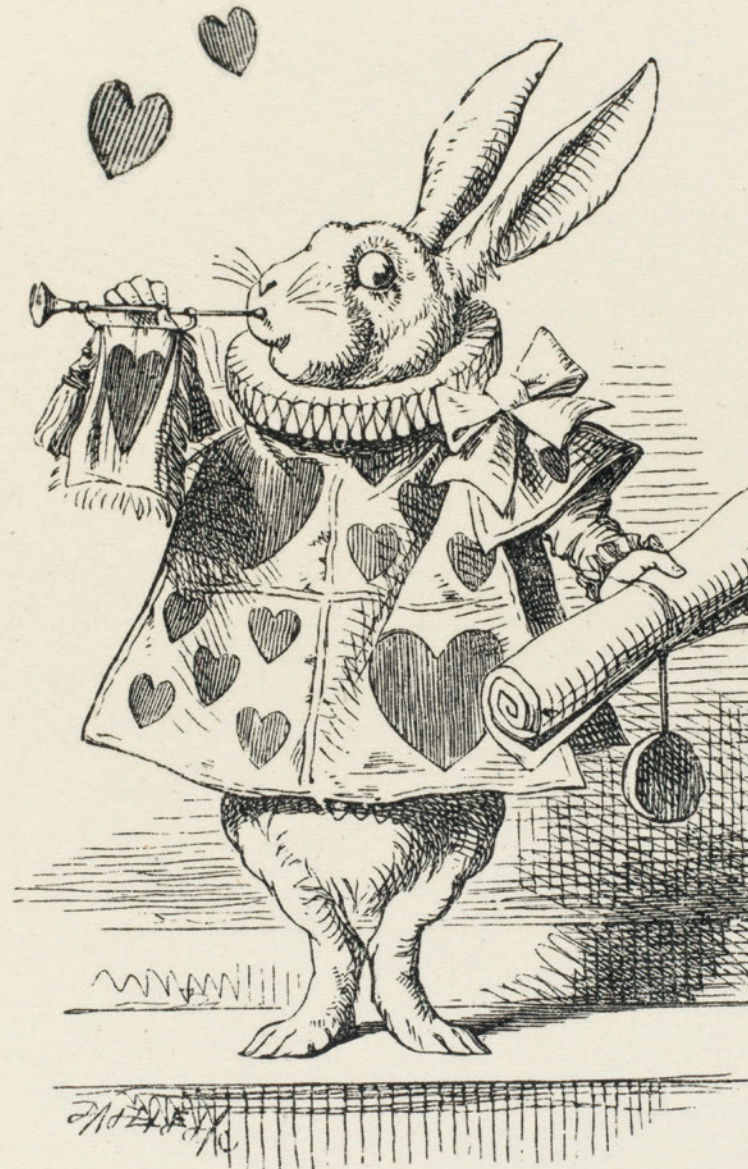
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### TALES OF THE ORIENT

Naturally caffeine-free rooibos blend is light and citrusy, the freshness of lemongrass is testament to this medium bodied tea. Sweet mango, lemon zest and pink pepper transforms the tea by adding layers of aroma to this thirst-quenching brew. It's the perfect tonic for a great adventure.

# CHOCOLATE

## AFTERNOON TEA



## THE BRABAZON AFTERNOON TEA

Created by our dedicated pastry team, led by Adam Hall, the Brabazon Bar Afternoon Tea offers a traditional selection of finger sandwiches served on a tiered stand, alongside an assortment of beautifully crafted cakes and warm scones baked daily by our talented culinary team; served of course with West Country clotted cream and Tiptree strawberry jam (est. 1885).

Our expert bar team will be on hand to help you select a tea from our Quinteessential menu, a range of unique blends created by Bernadine Tay, a trained tea sommelier and founding member of the European Tea Society. From our more traditional Belfry blend with a twist, to the Brabazon blend, a herbaceous tea using juniper berries to evoke the flavour of gin; the Quinteessential menu offers over a dozen dynamic flavours that will suit any palette.



### SAVOURIES

A Selection of Finger Sandwiches with Various Fillings  
Truffled Egg Pop Over

### SELECTION OF CAKES

Ivory Chocolate, Orange and Vanilla Macaroon  
Raspberry & Cranberry Tea Opera Gateau  
Mango & White Chocolate Marshmallow  
Caramelia Chocolate & Passion Tart  
Black Velvet Cupcake

### BAKES

Fruit and Plain Scones  
Strawberry Jam, West Country Clotted Cream  
Hot Cross Bun

Our pastry chefs create each afternoon tea daily for our guests, therefore, the selection above, may change in flavour day by day. The server will explain what our daily offering is when your afternoon is brought over to your stand.

We aim to cater for all allergens and dietary requirements. However, we ask that you give us 24 hours' notice so we have time to prepare your tailored afternoon tea.

Bookings need to be made 24 hours in advance and cancellations under 24 hours will be charged in accordance.

A 10% discretionary service charge will be added to your food and drink bill which is distributed directly to the team who serve you today and are at the heart of our award-winning Belfry hospitality. We thank you for supporting our team and please do ask if you wish this to be removed.

## TEA STORY

By the late 1830s to early 1840s afternoon tea was evolving to become a social occasion. In this time period, it was usual to have a long gap between the relatively light 'luncheon' at midday and dinner time.

So long in fact, that Queen Victoria requested for light sandwiches, tea and cake to be served in the late afternoon to prevent the 'sinking feeling' she had between meals.

The Belfry embraces the royal history of afternoon tea with distinguished Royal Crown Derby China. In 1775 King George III recognised the uniqueness of Derby porcelain when he granted the factory the rare honour of being able to incorporate a crown into the back stamp. Much later, in 1890, Queen Victoria awarded the royal warrant and granted the title "The Royal Crown Derby Porcelain Company".

Due to Queen Victoria's close connections with the birth of afternoon tea, nothing could be more fitting than the use of Royal Crown Derby China for the traditional Brabazon bar afternoon tea experience.

## TEA MENU

### THE BELFRY BREAKFAST

Smooth, fragrant and rounded, The Belfry's House Blend is composed of the finest Darjeeling and Ceylon leaves. This reviving blend will restore your mood any time of day and is the perfect accompaniment to scones with jam and cream! High caffeine.

### THE BRABAZON BLEND

Hand-crafted blend of premium black Chinese sencha and oolong tea with juniper berries, rosemary, lavender, eucalyptus and tomato flakes. This alcohol-free "gin and tonic tea" embodies the tender, soulful beauty of an English garden. Medium caffeine.

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### WHITE ELIXIR

White tea leaves are blended with jasmine blossom and spirulina to provide purity of mind and spirit. This delicate, award-winning tea has a top floral note of white jasmine and blue mallow flowers, and echoes the fragrance of a natural spa. If there really is a fountain of youth, we'd imagine this is the rejuvenating brew that transports you to that moment of peace. Medium caffeine.

### GREEN FLAMINGO

As irresistible as a tropical paradise, gunpowder green tea leaves are sensuously combined with soursop and pink flowers. Sprinkled with red cornflowers, this blend is both fruity and floral with a sensual, silky quality. Sip this green tea as it softly unfolds layers of sweet lychee, rose and honey to create a passionate samba of flavours. Medium caffeine.

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