

# REFORMER PILATES

TO BOOK A CLASS, PLEASE USE THE TECHNOGYM APP

## MONDAY

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10:15 - 11:00  
11:15 - 12:00  
18:00 - 18:45  
19:00 - 19:45

## TUESDAY

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09:00 - 09:45  
11:20 - 12:05  
18:15 - 19:00  
19:20 - 20:05

## WEDNESDAY

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09:00 - 09:45  
10:30 - 11:15  
11:30 - 12:15  
18:00 - 18:45  
19:00 - 19:45

## THURSDAY

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08:00 - 08:45  
10:15 - 11:00  
17:30 - 18:15  
18:45 - 19:00

## FRIDAY

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10:15 - 11:00  
12:00 - 12:45  
18:00 - 18:45  
19:00 - 19:45

## SATURDAY

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08:00 - 08:45  
09:00 - 09:45  
10:00 10:45

## SUNDAY

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08:00 - 08:45  
09:00 - 09:45  
10:00 10:45



**THE CLUB**  
AT THE BELFRY