

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Sweet potato Hummus, Grilled Mixed Peppers, Pickled Onion, Halloumi Wrap	Y Whe									Y		Y	Y	Y	
Sweet Chilli Chicken Wrap, Roquette, Crunchy Asian Slaw	Y Whe							M	Y	M	M	Y		Y	
english cheddar , red onion mamalade and romaine leaves	Y Whe Rye Bar Oat									Y		Y		Y	
Tuna Mayonnaise and Cucumber brown bloomer	Y Whe Rye Bar Oat			Y				Y	Y	Y		Y		Y	
Roast Ham, Maple Dijon Mayonnaise & Gem Bloomer	Y Whe Rye Bar Oat								Y	Y		Y		Y	
ploughmans Baguette	Y Whe Rye Bar Oat									Y		Y	M	Y	
Mozzarella, parma ham, basil pesto pinsa	Y Whe						M Wal	Y	M	Y		Y	M	Y	

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Smoked Salmon cream cheese ciabatta	Y Whe Rye Bar Oat			Y			Y Alm Brz Cas Haz Mac Pec Pis Wal		M	Y		Y	M	Y	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts