

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Freshly Baked Pastries	Y Whe						M Alm Brz Cas Haz Mac Pec Pis Wal	M	Y	Y		M			
breakfast sausage roll	Y Whe Rye Bar							M	M	Y	M	M	M	Y	
Bacon Roll	Y Whe Rye Bar									Y			M		
Breakfast eggs Roll	Y Whe Rye Bar								Y	Y			M		
Selection of Toast	Y Whe Rye Bar Oat								M	Y		M			
Toasted Bagel	Y Whe Rye Bar Oat			Y					Y	Y	M	M	M	Y	

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Brioche French Toast	Y Whe						M Alm Haz Wal	M	Y	Y	M	M	M		
Bacon Roll Ryder	Y Whe Rye Bar									Y			M		
Thick Greek Style Yogurt Bowl	Y Whe Rye Bar Oat						Y Alm Brz Cas Haz Mac Pec Pis Wal			Y					
sweet American Style Pancake-pear,pecan and maple	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y				M	
Copy of sweet American Style Pancake-pear,pecan and maple	Y Whe Rye Bar Oat				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y	Y	Y			M	M	
Egg Benedict	Y Whe Rye Bar Oat							Y	Y	Y			M	M	
Egg Florentine	Y Whe Rye Bar Oat			Y				Y	Y	Y			M	M	
Breakfast super shake										Y					
ACAI SMOOHIE	M Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal	M		M			M	Y	

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Poached eggs with smashed avocado	Y Whe Rye Bar Oat							M	Y	M	M	M		M	
Scrambled green Egg, Siracha, cottage cheese, sour dough	Y Whe Rye Bar Oat							M	Y	Y	M	M		M	

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts